



Dear Lighthouse Families,

Last week we hosted several visitors from the Apple Orchard School in Brookline, MA. What a gift it is to welcome fellow educators on campus. Hosting guests from other independent schools and seeing their programs in action are some of the most important forms of professional development for educators.

Apple Orchard's Director Martina Albright and their Assistant Director Katie Sawatzky joined us last Thursday, as they wanted to see our beautiful school in action. Apple Orchard is a magical farm school that serves children in preschool and Kindergarten, and their philosophy and mission are similar to Nantucket Lighthouse School's: ***At Apple Orchard School, it's our mission to focus on the growth of the whole child through a play-based, creative, nature-focused curriculum. We promote this growth through a warm, engaging, and stimulating environment rooted in deep caring and trusting relationships among teachers, children, and families. Apple Orchard is committed to creating a diverse community of families, students, and faculty. We strive to ensure everyone at Apple Orchard feels a sense of connection and belonging.***

Over the past few years, we have received many requests from educators, families, and school leaders who find us on social media and hope to visit or teach at Nantucket Lighthouse School. Not only are we proud to share ideas and our work with children, but we also appreciate the opportunity to collaborate with schools beyond our shores. I am grateful for our teachers' warm welcome and their openness to visitors who want to learn from us and partner in the future.

Related to partners, thank you for joining us for this week's parent teacher conferences. We appreciate your feedback, your support, and your dedication to your child's educational journey. If questions surfaced after your meeting, please do not hesitate to be in touch with your child's classroom teacher. Have a wonderful weekend. We look forward to seeing you on Monday.

Warm regards,

Emily

Happy, Thoughtful Kids Grown Here

This past Wednesday's parent-teacher conferences were such a wonderful

opportunity to connect. As I sat in on several conversations, I was reminded what a true privilege it is to know and support your children alongside you. Each discussion reflected your deep care, thoughtfulness, and intention. It is an honor to partner with you in the shared work of raising your children.

With that deep care often comes something familiar to us all—worry. As parents, we naturally wonder whether we’re doing enough—making the right choices about routines, after-school activities, food, and screen time (to name a few). A constant stream of comparison and advice can make it easy to lose sight of all the ways we are already showing up for our kids.

I remember feeling that worry years ago while in graduate school to become a counselor. With two toddlers at home, I missed more than a few bedtimes and often felt the ache of guilt that I wasn’t doing it all. Then, in my studies, I came across a concept that shifted my perspective: the **Good Enough Parent**.

Coined by pediatrician and psychoanalyst Donald Winnicott, this theory suggests that perfection in parenting isn’t just impossible—it’s unnecessary. Winnicott found that when parents inevitably fall short in expected, everyday ways, children actually benefit. They learn to tolerate frustration, adapt to disappointment, and develop resilience. What matters most is not that we never make mistakes, but that we remain present and willing to repair.

Parenting asks a lot of us, but perfection isn’t one of those things. Our children don’t need flawless parents—they need real ones. The love you have for your children is undeniable. Meeting their needs most of the time is more than enough for them to thrive.

Warmly,

Julia

Why We Give

100% Participation matters.

As both a parent and board member, I have the unique privilege of experiencing the power of the Nantucket Lighthouse School community and what we’re able to achieve together. Supporting the Annual Fund isn’t about how much each family gives, but that every family participates. Even the smallest gift has an impact, and collectively, it unlocks meaningful opportunities for everyone. 100% parent participation signals to outside donors that our parents are deeply invested in the school and its mission, opening doors to larger grants, partnerships and transformational funding. We hope you will consider contributing in an effort to continue to strengthen our school, support our teachers, and enrich every child’s experience. Thank you for helping us reach 100%.

Kara Titone
Development Chair



Support Our School
Here

Important Upcoming Dates:

Tuesday, November 11:
Veterans Day
NO SCHOOL

Wednesday, November 12:
Parent Craft Night
5:30-7:30

Wednesday, November 19:
Parent Craft Night
5:30-7:30

SAVE THE DATE FOR WINTER CELEBRATION
Tuesday. December 16



Yuletide Reminder





PARENT CRAFT NIGHT

I Rugged Road
November 12th & 19th
5:30–7:30pm

Join us for an evening of refreshments and crafting for our annual Yuletide Fair. Each class has been assigned to attend one craft night.

We kindly ask that at least one family member be present on the assigned night. If you cannot, please attend the alternative.

November 12th

Amanda's, Jessica's, Kerry's, Eli's, and Cayla's Classes

November 19th

Heather's, Maggie's, Emma's, Stephanie's, and Caitlin's Classes



Crafts include: Dried Fruit Wreaths, Decoupage Shells,
Painted Candles, and Woven Pot Holders.

If you have any questions, please reach out to Mackenzie at
(508) 228-0427 or mthompson@nantucketlighthouseschool.org

DON'T MISS OUT ON NEW LIGHTHOUSE MERCH



Youth Hoodies: \$50

Adult Hoodies: \$60

Adult Sweatpants: \$60



Adult T-Shirts: \$20



Limited sizes remaining



Nantucket
Lighthouse
School

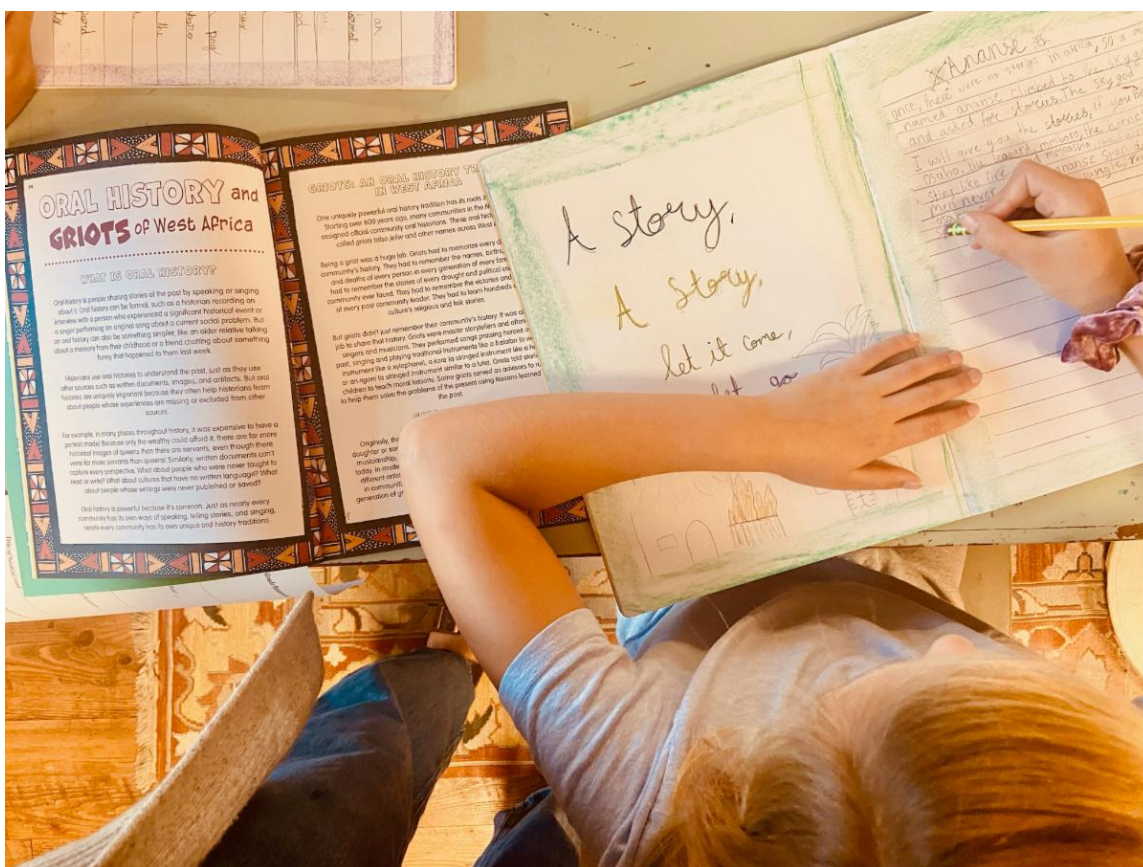
Extended Day

Monday–Friday

2:30–5:10pm

The Extended Day program includes hands-on activities, artistic projects, homework help, and imaginative play indoors and out.

[Learn More and Sign Up](#)







Community Events

JOIN US FOR THE ANNUAL

AMELIA DRIVE TRICK-OR-TREAT





SPOOKY SCIENCE WALK

Celebrate Halloween the Maria Mitchell way—through science, nature, and a touch of spooky fun! After your downtown trick-or-treating adventure, meet an MMA Naturalist at the Pocket Park on the corner of Fair Street and Main Street, for a twilight walk to the historic Hinchman House Natural Science Museum for some bat crafting and potion making.

October 31st 5–7pm

**Maria
Mitchell**
Association

REGISTER at
www.mariamitchell.org



Free After -School Group Music Lessons



For more information contact

Zacil Sassy Nash, NCMC NIYO Communication Director

Email: sassy@nantucketmusiccenter.org

Call or text: 501-425-2273

The Program is **FREE** for students!

The program takes
place in the NPS High School

**Limited spots
SIGN-UP NOW**

Learn to play

- String
- Brass
- Woodwinds
- Percussion



Six Week Sessions - sign up for one or all

- Session 2 Oct 27 - Dec 12
- Session 3 Jan 5 to Feb 13
- Session 4 Mar 9 to Apr 17
- Session 5 Apr 27 to Jun 5

World class instructors

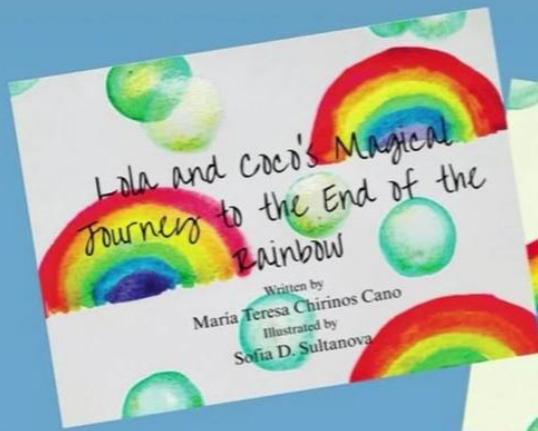
- Local from NCMC, NPS & Lighthouse schools
- Visiting from Boston Conservatory & New England Conservatory

Sessions schedule

	Monday	Tuesday	Wednesday	Thursday
2:30 pm	Walk over from NIS	Walk over from NIS	Walk over from NIS	Walk over from NIS
3:00 pm	Beginner Violin Beginner Cello	Beginner Violin Beginner Cello	General Music/Theory One class only	Advanced ENSEMBLE TIME
3:45 pm	Break/Transition	Break/Transition	Dismissal	Break/Transition
4:00 pm	Beginner ENSEMBLE TIME	Advanced Violin Advanced Cello Viola		Advanced Violin Advanced Cello
4:45 pm	Break/Transition	Break/Transition		Break/Transition
5:00 pm	Percussion, brass and woodwinds	Percussion, brass and woodwinds		Percussion, brass and woodwinds
5:45 pm	Dismissal	Dismissal		Dismissal

Sign up right here





BOOK LAUNCH PARTY!

PLEASE JOIN US SATURDAY TO CELEBRATE NANTUCKET'S
TALENTED AUTHOR & ILLUSTRATOR DUO
MARIA AND HER DAUGHTER SOFIA AT PEACHTREE KIDS!

ENJOY SWEET TREATS, MEET THE CREATORS,
AND BE THE FIRST TO GET YOUR SIGNED COPY OF
THEIR BILINGUAL CHILDREN'S BOOK:

LOLA AND COCO'S MAGICAL JOURNEY
TO THE END OF THE RAINBOW

EL MÁGICO VIAJE DE LOLA Y COCO
AL FINAL DEL ARCOÍRIS

SATURDAY, NOVEMBER 1ST
10AM -12 PM
PEACHTREE KIDS
19 MAIN STREET, NANTUCKET



NOV 1ST, 10AM-12PM



Peachtree Kids

2025 BASKETBALL CLINICS

Nov. 17th – 22nd



DIII BOYS

11/18 @ 3PM

11/20 @ 3PM

11/21 @ 4PM

DIII GIRLS

11/17 @ 3PM

11/19 @ 3PM

11/21 @ 3PM

DII BOYS

11/18 @ 4PM

11/20 @ 4PM

11/22 @ 10AM

DII GIRLS

11/17 @ 4PM

11/19 @ 4PM

11/21 @ 5PM

DI BOYS

11/18 @ 5PM

11/20 @ 5PM

11/22 @ 11AM

DI GIRLS

11/17 @ 5PM

11/19 @ 5PM

11/22 @ 12PM

DIII = 1ST-2ND GRADE

DII = 3RD-4TH GRADE

DI = 5TH-6TH GRADE

Must be a club member to participate.

Register online @ nantucketboysandgirlsclub.org

Nantucket
COLD TURKEY
Plunge
2025
NANTUCKET ATHENEUM
Benefitting Weezie Library

NOVEMBER
27
10 AM
CHILDREN'S
BEACH

in-person remote

The Turkey Plunge 2025 is BACK
and **Registration** is officially
OPEN!

Become
Sponsor

#PLUNGE
DAY YOUR
WAY

Scan
QR code

nantucketatheneum.org **REGISTER TODAY**

A promotional poster for the Nantucket Cold Turkey Plunge 2025. The background is light blue with a pattern of white and blue wavy lines representing water. At the top left, the text 'Nantucket COLD TURKEY' is in a red, stylized font. Below it, 'Plunge' is written in large, white, bubbly letters with a blue outline. To the right, 'NOVEMBER 27' is in large red letters, with '10 AM' in yellow below it. Further right, 'CHILDREN'S BEACH' is in purple and pink letters. A small blue crab icon is between 'NANTUCKET ATHENEUM' and 'CHILDREN'S'. A red starburst says 'in-person' and a blue starburst says 'remote'. A large blue speech bubble in the center contains the text 'The Turkey Plunge 2025 is BACK and Registration is officially OPEN!'. Below this, a cartoon turkey wearing blue flippers and a blue circle with '#PLUNGE DAY YOUR WAY' is jumping. To the left of the turkey is a blue whale with a speech bubble that says 'Become Sponsor'. To the right is a QR code with a speech bubble that says 'Scan QR code'. At the bottom, the website 'nantucketatheneum.org' and 'REGISTER TODAY' are written in white and red respectively.

Nantucket Lighthouse School | 1 Rugged Road | Nantucket, MA 02554 US

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